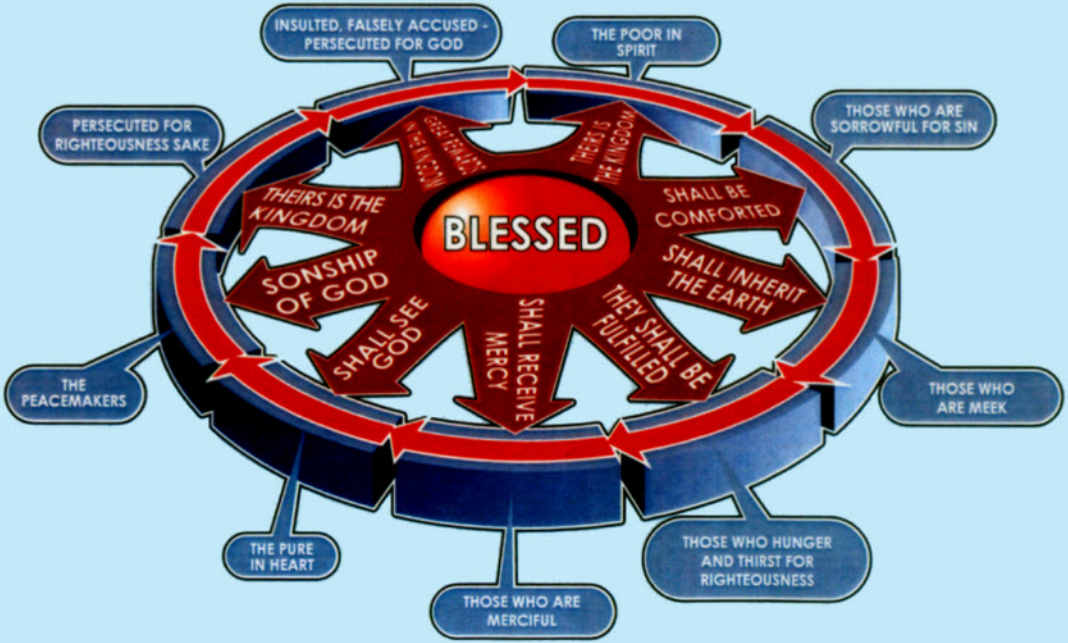Cycle of Blessing